

# SFRG ASSISTANT TRAINING

2026

**MARCH 10**  
**9:30-11:30 am**  
via MS Teams

For more information  
or to sign up:

**Misty Reynolds**  
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The SFRG Assistant serves as the champion of the SFRG membership by supporting the Command Team's Family Readiness goals; maintaining open communication and relationships with unit leadership – CFRR, FRSA (if applicable) and Soldier and Family Readiness Advisors; completing mission essential activities as outlined within the SFRG SOP and all local policies and procedures; working with the command team to plan and execute approved SFRG activities; ensuring SFRG maintains communication with SFRG membership – providing information, resources and referrals as needed; attending required Family Readiness training and meetings; completing required volunteer registration and administrative tasks and recruiting and working with all SFRG volunteers.

- Identify the SFRG's role in the Family Readiness Team and the Unit Family Readiness Program
- Define and understand SFRG Mission-Essential Activities as outlined in the regulations
- Understand how to execute the SFRG Assistant role within the SFRG
- Identify methods of communicating with SFRG membership
- Recognize non-mission-essential activities, resources and professional development opportunities
- Learn about the SFRG Assistant role and how to support the command team's Family Readiness goals; complete mission essential activities as outlined; work with the Command Team to plan and execute SFRG activities; ensure SFRG maintains communication with SFRG membership and provide information, resources and referral
- Learn about Mission Essential Activities
- Learn about regulations that govern the SFRG program

