GEORDON FITNESS CHALLENGE

Registration Required: (Deadline: Aug 17, 2018) REGISTER AT gordon.armymwr.com

GORDON FITNESS CENTER

Gordon Fitness Challenge is a 12 week program designed to challenge participants to live a healthier lifestyle by completing a fitness assessment, and tracking their exercise activity on the treadmill, elliptical, or bike.

Rewards and prizes for the 2 participants who log the most miles.

For more information: John Graham at 706-791-2369 or john.a.graham68.naf@mail.mil



