



Marriage & Relationship Enrichment Seminar Series

Light Dinner Included • Ask About Childcare

August 23 • 4:30-7:00 p.m.

Family Outreach Center

Marriage 101: Why is this so much work?

August 30 • 4:30-7:00 p.m.

Family Outreach Center

A Good Marriage Begins with You

September 6 • 4:30-7:00 p.m.

Family Outreach Center

Debunking the Myths about Marriage

October 4 • 4:30-7:00 p.m.

Family Outreach Center

Avoiding Relationship – Destroying Mistakes

October 11 • 4:30-7:00 p.m.

Family Outreach Center

Staying in the Ring:

Resolving Conflict

October 25 • 4:30-7:00 p.m.

Family Outreach Center

Keeping Past Hurts Out of Your Marriage

November 1 • 4:30-7:00 p.m.

Family Outreach Center

Parenting and its Effects on the Couple Relationship

November 8 • 4:30-7:00 p.m.

Family Outreach Center

Blended Families: Yours, Mine and Ours

November 29 • 4:30-7:00 p.m.

Family Outreach Center

Enhancing Your Sexual Relationship

December 20 • 4:30-7:00 p.m.

Family Outreach Center

Moving Toward Intimacy and Harmony

Join Fort Gordon Army Community Service (ACS) Family Advocacy Program for our Marriage & Relationship Enrichment Seminar series. These seminars will give couples the tools they need to understand their relationship and move to a place of openness and encouragement.

To register or for more information:

eventbrite.com -or- 706-791-5220



This seminar series is facilitated by Elizabeth Estey - Life Management Group, Inc. She specializes in a range of treatment services for children, adults and families and is especially sensitive to the range of challenges faced by Military Couples.