

# COMMAND FAMILY READINESS REPRESENTATIVE TRAINING



**January 8, 2026**  
**9:30-11:30 am**  
**via MS Teams**

The Command Family Readiness Representative\* (CFRR) is open to soldiers (only) ranked of sergeant or higher; have at least 12 months of stabilization; shall NOT deploy; will not be assigned any additional duties; MAY speak on behalf of the Commander and IS a Leader with the SFRG structure (AR 600-20).

Training includes:

- Identify the primary elements of the SFRG leadership team
- Define and understand the components of successful SFRG operations
- Identify how volunteers contribute to SFRG operations
- Identify methods of communicating with SFRG membership
- Understand how to execute the CFRR role within the SFRG
- Learn about the CFRR Operational Role, Administrative Role, and Support Role
- Learn about Mission Essential Activities
- Learn about regulations that govern the SFRG program

For more information or to sign up:

**Misty Reynolds**  
**706-791-3880**  
**[misty.d.reynolds3.civ@army.mil](mailto:misty.d.reynolds3.civ@army.mil)**



\* Formally known as the Soldier and Family Readiness Liaison (SFRL).