

# Swing Class

AT OVERLORD  
FITNESS

Every Sunday from  
10:00-11:00AM

Starts:  
29 March 2026



Discover the joy of West Coast Swing! This free, drop-in class covers foundational patterns, musicality, and the art of connection.

Whether you're a total beginner or a seasoned dancer, come build your confidence and find your groove in a fun, playful environment.

16+ | No partner needed!

Free (No registration required)  
For more information, please call: 706.791.2647

