

MASSAGE THERAPY

AT OVERLORD FITNESS CENTER



SERVICES:

- CHAIR MASSAGE
- SPORTS MASSAGE
- POSITIONAL RELEASE
- DEEP TISSUE MASSAGE
- TRIGGER POINT THERAPY
- ACTIVE ISOLATED STRETCHING
- LYMPHATIC FACILITATION
- ORTHOPEDIC MASSAGE
- POSTURAL ASSESSMENT
- MYOFASCIAL RELEASE
- PRENATAL MASSAGE
- SWEDISH MASSAGE

Visits by appointment only, during our regular operating hours.

PRICING:

\$55-30MIN | \$120-60MIN | \$150-90MIN | \$210-120MIN

7 DAYS A WEEK, HOURS OFFERED ARE SAME AS FACILITY HOURS.

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