

DE-STRESS FOR SUCCESS  
**PLANNER  
WORKSHOP**

**December 2, 9, 18, 23 & 30**

**5-6:30 pm**

Register no later than one day prior to each event

Family Outreach Center  
547 Rice Drive, Building 33512

This De-stress for Success Planner Workshop is the perfect opportunity to visualize a well-planned new year. Participants will receive a planner and learn how improving organization skills can be a positive factor in building healthy relationships.



To Register, call

**706-791-3579**

← or scan the QR code

