

DANCE FIT MASTER CLASS

WITH **ANGIE**



OPEN TO ALL EXPERIENCE LEVELS

Join **Mrs. Angie** for a high-energy dance workout featuring: **Latin, Hip-Hop, Line Dance, Dancehall, and Soca.**

WEDNESDAYS
9:30–10:30 AM

NELSON FITNESS CENTER
BASKETBALL COURT



OPEN TO EVERYONE. BRING A FRIEND!

Judgement-free class to help you reduce stress, boost mobility/endurance, burn calories, and meet new friends.

For more information, please call:
706.791.6872

